

## Questions

1. True or False: When I'm angry or in conflict with another person, I usually think that my anger is caused by my circumstances or by that other person.
2. Identify some cravings that you have. What are some that are simply wrong (things you should not have) and what are some that may be good, but have become idolatrous because you're willing to sin to get them, or you want them more than you are content with God's will?
3. Think about your most recent conflict or argument with someone close to you. Ask yourself, "What did I want? What point was I determined to make? What was the desire of my heart in that moment?"
4. Have you struggled with prayerlessness when you are battling anger and conflict? Why? What is causing you to avoid going to God in prayer?
5. How do you pray when your desire is for something that is not sinful, but God is not providing it? Do you pray for contentment and for God's will?
6. Do you understand what James means by "the world" in verse 4? What does friendship with the world look like?
7. How can prioritizing the world's ways and attitudes over God's wisdom cause internal conflict and strife with other people?
8. What is the message of James 4:6 for believers who are struggling with anger and conflict?

*After each service, if you need prayer,  
someone will be available up front to pray with or for you.*

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## Why Am I Angry?

**James 4:1-6**

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**James 4:1 asks, "What is the source of our fights and conflicts with others." What follows is the diagnosis and treatment of the common Christian sickness of conflict. Today, we'll look at verses 1-6 as James diagnoses why we get angry and engage in conflict.**

James 4:1 assumes the obvious. There ARE quarrels and conflicts. Not only do they happen, but they happen among Christians. The question is WHY.

James puts forth three areas to consider when diagnosing what's going on in your heart in times of conflict.

1. **Passions (4:1-2)**

2. **Prayers (4:2-3)**

3. **Priorities (4:4-5)**

**There is hope (4:6)**