









## TRUTH TIME

	Monday April 13	Tuesday April 14	Wednesday April 15	Thursday April 16	Friday April 17
<b>READ THE TRUTH</b>	<p><b>Psalms 141:3</b>  <i>"Set a guard over my mouth, O Lord; keep watch over the door of my lips."</i></p> 	<p><b>John 14:27</b>  <i>"Peace I leave with you; my peace I give you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."</i></p>	<p><b>1 Thessalonians 5:15</b>  <i>"See that no one repays anyone evil for evil, but always seek to do good to one another and everyone."</i></p>	<p><b>John 13:34</b>  <i>"A new commandment I give you, that you love one another: just as I have loved you, you are also to love one another. By this all people will know that you are my disciples, if you have love for one another."</i></p>	<p><b>Proverbs 27:1</b>  <i>"Do not boast about tomorrow for you do not know what a day may bring."</i></p>
<b>PONDER THE TRUTH</b>	<p><b>Truth to take away:</b>            When we think of a guard, we think of a protector, or one who ensures safety. Why would a mouth need a guard? What needs to be protected? Our mouths need a guard because often what comes from them can hurt others. This is a verse that we can pray. Many of us struggle with the words that come out of our mouths when we get frustrated, angry, or even when we are bored. Here is a short verse that we can memorize and pray when we are tempted to speak unkind words.</p>	<p><b>Truth to take away:</b>            What kinds of things are troubling your heart today? There are many things that cause us to feel afraid or upset. God's word reminds us, today, that God does not give us fear, he brings us peace. Here we are reminded not to be troubled. Let's pray together and ask God to take away the things that are causing us to fear or be troubled.</p>	<p><b>Truth to take away:</b>            What would it look like if we paid someone in evil? Sometimes when we are hurt by the words or actions of others we want to hurt them back. We are not the only one who struggle with this! This verse was part of a letter from Paul to a church in Thessalonica. He was reminding the Christians to look for ways to do good to others even if they are not being treated the way they would like.</p> 	<p><b>Truth to take away:</b>            Jesus was teaching his disciples when he spoke these words. He wanted them to see how they should treat others. He knew that sometimes people are tricky to live with. We need this reminder that we are supposed to love others just as Jesus loved his disciples. Jesus loved them even when they sinned against him. He loved them even when they didn't offer him anything. He loved them when they obeyed him, and when they didn't. He loved them before they ever knew him.</p>	<p><b>Truth to take away:</b>            When we boast about something, we are telling others that we are an expert. We are claiming to know something well or to be sure about something. Can you think of a time when you thought you knew what would happen the next day but it didn't actually happen? This verse reminds us to hold our plans and expectations loosely. Only God has total knowledge and can tell what tomorrow will hold. Instead, we can say what we think will happen, and as James 4:15 tells us, we can say, "If the Lord wills it!"</p>
<b>RECITE THE TRUTH</b>	Read and recite today's verse 5 times to begin memorizing.	Write out the Monday verse and cover it one word at a time as you recite it.	Try to say Monday's verse from memory 5 times. Don't forget the reference!	Recite your verse to three different people today and tell them what it means.	Test your skill: have you memorized Psalm 141:3?
<b>PRAY THE TRUTH</b>	<p>Pray and ask God to guard your mouth today.</p> 	Confess to God anything that troubles you and ask for His peace.	Ask God to help you as you seek to do good to others this week	Praise God for what a good God He is. Thank him for the ways he is blessing you today.	As you talk to the Lord today can you include Psalm 141:3 in your prayer?

## TRUTH TIME

	Monday April 20	Tuesday April 21	Wednesday April 22	Thursday April 23	Friday April 24
<b>READ THE TRUTH</b>	<b>Proverbs 3: 5-6</b> <i>"Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make your paths straight."</i>	<b>Romans 12:18</b> <i>"If it is possible, as far as it depends on you, live at peace with everyone."</i>	<b>Proverbs 15:1</b> <i>"A soft answer turns away wrath but a harsh word stirs up anger."</i>	<b>Isaiah 6:3</b> <i>"And they were calling to one another: 'Holy, Holy, Holy is the Lord God almighty; the whole earth is full of his glory.'"</i>	<b>Proverbs 1:10</b> <i>"My son, if sinners entice you, do not consent."</i>
<b>PONDER THE TRUTH</b> 	<b>Truth to take away:</b> What does it mean to trust in the Lord? We can see this in the second half of the verse, when the writer describes it another way: in all your ways acknowledge Him. Trusting God is believing that no matter what, GOD is in control of all things, HE is good, and HE knows what is best for us. And not only this, it is also acknowledging that we are NOT in control of all things, we are NOT good on our own, we do NOT know what is best for us. But God does, so we must trust in Him to be everything that we need!	<b>Truth to take away:</b> This verse is a command to be a peacemaker, no matter where we are, what we are doing and, who we are interacting with. But we all know that this is not very easy at all! In fact, this is an impossible thing for us to do! But wait! do you remember what we learned about yesterday? If a person is trusting in the Lord, He will help them, guide them, make their path straight. He will make it possible for them to live at peace with everyone! Jesus did this, and now He is commanding and helping His people to do it too.	<b>Truth to take away:</b> When we think of the answers that we give, we don't typically think of "soft" and "hard" things. We might think of polite answers, or of kind answers, or even of right and wrong answers. The book of Proverbs, however, describes our answers in terms of soft answers. It is not too hard to picture what a soft answer might look like. And, actually, it is not too hard to imagine why the author of Proverbs is instructing us to consider soft answers. What is the benefit of a soft answer? Right! It turns away wrath. I am sure we can all imagine a time when we responded to someone harshly and as a result, things got a little angry sounding. We can begin to practice soft answers today as we talk to our parents, siblings, and friends. Instead of stirring up anger, let's practice soft answers.	<b>Truth to take away:</b> This verse is from Isaiah, when he had a vision of angels around God's throne. The angels are praising God for two things: His holiness and His glory. God is Holy, which means that there is no-one else like Him and He is infinitely perfect. In other words, saying that God is holy is like saying that He is so great that He is greater than the greatest thing we can imagine! But what then is God's glory and what does it have to do with His holiness? The verse says that the whole earth is full of His glory-everything we see around us shows just how holy He is! This is exactly what God's glory is. It is the way He lets everyone see and understand His holiness, and praise Him for it. Today let us think about how everything we see testifies to how incredible God is!	<b>Truth to take away:</b> "Entice" is a new word for many of us. It means to encourage, or lure, or tempt someone. A plate of warm chocolate chip cookies on the kitchen counter might be enticing. Or maybe you would be enticed by a big bowl of fresh strawberries that have been chilling in the fridge. The other word we need to understand is "consent." This one simply means to agree to do something. So, if we put those meanings together, now we have a pretty good understanding of the wisdom being offered here. If sinners try to tempt us into joining them, we are not to agree to join them. This might seem like obvious instruction, but there are some times when we really need to remember these wise words. This week when a sibling encourages you to be disrespectful, or to sneak a treat that you didn't ask for, or to speak unkindly about someone or to someone, remember this verse and flee from sin!
<b>RECITE THE TRUTH</b>	Read and recite today's verse 5 times to begin memorizing.	Write out the Monday verse and cover it one word at a time as you recite it. Then recite last week's verse. Do you remember it?	Try to say Monday's verse from memory 5 times. Don't forget the reference!	Recite your verse to three different people today and tell them what it means. 	Test your skill: have you memorized Proverbs 3:5-6? Recite both of the verses you have memorized (Psalm 141:3 and Proverbs 3:5-6)
<b>PRAY THE TRUTH</b>	Pray and ask God to help you trust in Him with all your heart, and praise Him for being good and loving and sovereign (powerful and in control)!	Tell God about the ways that you struggle with living at peace with people, and ask for His help to do it today!	Ask God to help you put this verse into practice this week!	Praise God for His holiness, and ask Him to help you see how His glory is displayed all around us!	As you talk to the Lord today can you include Proverbs 3:5-6 in your prayer?

## TRUTH TIME

	Monday April 27	Tuesday April 28	Wednesday April 29	Thursday April 30	Friday May 1
<b>READ THE TRUTH</b>	<b>Philippians 4:6-7</b> <i>"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding will guard your hearts and minds in Christ Jesus."</i>	<b>James 4:17</b> <i>"So whoever knows the good he ought to do, and fails to do it, for him it is sin."</i> 	<b>Psalms 1:1-2</b> <i>"Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night."</i>	<b>Proverbs 3:27</b> <i>"Do not withhold good from those to whom it is due, when it is in your power to do it."</i>	<b>Joshua 1:8</b> <i>"This book of the Law shall not depart from your mouth, but you shall meditate on it day and night so that you may be careful to do according to all that is written in it. For then you will make your way prosperous and then you will have good success."</i>
<b>PONDER THE TRUTH</b>	<b>Truth to take away:</b> Anxiety is a big word that means worry. It seems like there are so many things that we worry about. We worry about safety, health, having things we need, and we worry about the people that we love. This verse, though, is a great reminder that instead of worry, we have a better option: prayer and thanksgiving! Here we are taught that when we start to feel anxious we should, instead, talk to the Lord and let him know what is worrisome to us. We are also given some great assurance here: when we reach out to God, His peace will guard our hearts against worry and fear.	<b>Truth to take away:</b> We think of sin as doing something wrong or breaking rules. This verse adds one more description to our definition. Here we learn that it is also considered sin when we know what we <i>should</i> do but we chose not to do it. There are many times when we know what we should do, but we don't want to so we don't. Maybe your parents ask you to finish your chores before you head outside to play but since they are not paying attention you skip the chores and join your friends outside. That is an example of knowing the good you should do, but not doing it. God calls this sin. This verse reminds us that we need to do what is good and right all the time.	<b>Truth to take away:</b> The Psalms are full of wisdom for us. In this book of the Bible we are given much to think about. This verse tells us what we should NOT do, but also helps us to understand what we <b>SHOULD</b> do. Here we read that it is not wisdom to walk with the wicked or sinners or scoffers. Instead, God's word reminds us that a wise man will delight on the law of the Lord. In fact, this verse tells us to meditate on God's word all day and all night! What does it mean to delight in the law of the Lord? Well, it means to think about God's word! Let's practice meditating on God's word this week by thinking about the verses we are learning!	<b>Truth to take away:</b> We have the power to do good things for yourself and others. You have the power to choose your clothes, put on your socks, and do math. You have the power to encourage others, be a blessing to your family, and to be a bright light to others. This verse reminds us that we have the power to help others and show them love and respect. Not all of us have the power to drive, many lots of money, or build homes for those in need, but we all have some power to serve others. How will you use your power this week?	<b>Truth to take away:</b> When Moses died God chose a new leader for his people: Joshua. This young man was given instruction from God in how to be a good leader and do you know what advice he gave? He told Joshua he would find success by meditating on God's word day and night!! You have been practicing the very same thing! When we read God's word during the day and think about what it means, we are helping ourselves to be a strong leader just like Joshua! 
<b>RECITE THE TRUTH</b> 	Read and recite today's verse 5 times to begin memorizing.	Write out the Monday verse and cover it one word at a time as you recite it. Then recite the other two verses. Do you remember them?	Try to say Monday's verse from memory 5 times. Don't forget the reference! Challenge yourself to recite the verses from the past two weeks too!	Recite your verse to three different people today and tell them what it means.	Test your skill: have you memorized Proverbs Philippians 4:6-7? Recite all of the verses you have memorized (Psalms 141:3 and Proverbs 3:5-6)
<b>PRAY THE TRUTH</b>	Pray and tell God anything that you are worrying about, and then ask Him to help you trust in Him instead of worrying.	Praise God today for being patient. Thank him that he is willing to forgive when we sin and he is patient as we learn to love him better.	Tell God what troubles you today. Ask him for peace in your heart. Thanks him for hearing your prayers.	Ask God for help to be generous and not to withhold good from others.	As you talk to the Lord today can you include Philippians 4:6-7 in your prayer?