




TRUTH TIME

	Monday	Tuesday	Wednesday	Thursday	Friday
	May 4th	May 5th	May 6th	May 7th	May 8th
READ THE TRUTH 	Psalm 100:1-2 <i>"Make a joyful noise to the LORD, all the earth! Serve the LORD with gladness! Come into his presence with singing!"</i>	Psalm 18:1 <i>"I love you, O LORD, my strength."</i>	Psalm 75:1 <i>"We give thanks to you, O God; we give thanks, for your name is near. We recount your wondrous deeds."</i>	Psalm 56:3 <i>"When I am afraid, I put my trust in you."</i>	Psalm 20: 7 <i>"Some trust in chariots and some in horses, but we trust in the name of the LORD our God."</i>
PONDER THE TRUTH	<p>When we take a look around us at the beauty and detail of creation, or think about all of the ways that God has protected us and shown His love for us in the past, there is a right response for our hearts to have. What does it look like? It is JOYFUL, GLAD, full of SINGING!!! So how do we do this? Are we supposed to shout with joy each time we see the greatness of God around us? Well the answer is actually yes. Out of the joy and love that we have for the Lord, we are to sing to Him, and tell of His greatness to other people! We are to do whatever we do joyfully, knowing that He has been, is, and always will be good and gracious to us.</p>	<p>This verse is a very simple prayer. As we learned yesterday, David wrote the Psalms as a prayer. They show us what was in his heart. In this verse what do we see in David's heart? Right! His love for God. Our prayers can reflect our hearts and our love for God as well! This verse models a very simple prayer that we can pray: Lord, I love you!</p> <p>Today in your journal, write or draw a letter to the Lord showing him your heart and your love for him.</p>	<p>What kind of verse do you think this is? It's a verse of thankfulness or giving thanks. You have probably been taught to always say "thank-you" when someone gives you something or does something kind for you, right? We are to give thanks to God as well! Read this verse to see why God is being thanked.</p> <p>What kinds of wondrous deeds has God done? God has given you a family, he sent his son to die to forgive our sins, he keeps us safe and allows us to live in the beauty of the earth. He has done so many things for us! Draw some of God's wondrous deeds that you have learned about in the Bible, and even some that you have experienced in your own life!</p> <p>Now, just like this verse models, give thanks to God for his wondrous deeds!</p>	<p>We all know what it feels like to be afraid. When we are afraid, this is because everything feels out of control-we have a problem or a tough situation, and there is nothing that we can do about it. This Psalm tells us what we should do when we feel afraid, and it makes perfect sense! When we are afraid, we must turn to the one who <i>does</i> have control-God! Even when we cannot understand our situation or do not like our circumstances, God is still in control, and He is still good! We can believe that His plans are bigger and better than ours, and put our trust in Him. This is a great verse to memorize and keep with you so that when you feel afraid you can recite this verse and remind yourself to put your trust in Jesus Christ!</p>	<p>Horses and chariots? I don't know about you, but when I am worried about something or thinking about the future I don't usually think: I do not need to fear anything, because a great big horse and chariot parade might come marching right over here any second! That doesn't make very much sense...and besides, a great big horse parade usually doesn't smell so good, so I may have another problem! In order to understand this verse, we need to think about when it was written. Back in David's time, the number of horses and chariots a person had were a way of knowing how rich or important they were. This means that David was proclaiming God to be the one he turned to for help, not himself or the things he had. We should do the same thing!</p>
RECITE THE TRUTH	<p>Read and recite today's verse 5 times to begin memorizing. Try and recite two verses that you learned in April.</p>	<p>Write out the Monday verse and cover it one word at a time as you recite it.</p>	<p>Try to say Monday's verse from memory 5 times. Don't forget the reference! Also, recite two or three verses from April!</p>	<p>Recite your verse to three different people today and tell them what it means.</p>	<p>Test your skill: have you memorized Psalm 100:1-2? Can you recite three verses that you memorized in April?</p>
PRAY THE TRUTH	<p>Pray and ask God to give you a joyful heart, knowing that He is good!</p>	<p>As you talk to the Lord today, tell Him how much you love Him. Thank Him for how much He loves you!!!</p>	<p>Pray and thank God for all of the wondrous things that He has done, and ask Him to help you see and appreciate all the wondrous things of God that you see today!</p>	<p>Ask God for help to trust in Him when you are afraid, and praise Him that He is good and He is mighty enough to save us when we cannot do anything on our own!</p>	<p>As you talk to the Lord today can you include Psalm 100:1-2 in your prayer?</p>

TRUTH TIME

	Monday	Tuesday	Wednesday	Thursday	Friday
	May 18th	May 19th	May 20th	May 21st	May 22nd
READ THE TRUTH 	Psalm 100:4 <i>Enter his gates with thanksgiving and his courts with praise! Give thanks to him; bless his name!</i>	Psalm 24:1 <i>"The earth is the LORD'S and the fullness thereof, the world and those who dwell therein."</i>	Psalm 150:6 <i>"Let everything that has breath praise the Lord."</i>	Psalm 46:10 <i>"Be still and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"</i>	Psalm 119:9 <i>"How can a young man keep his way pure? By guarding it according to your word."</i>
PONDER THE TRUTH	<p>This Psalm, (like the other verses in Psalm 100 before it) is actually a command. It is telling the readers (us) that we should praise the Lord, thank Him, and bless His name!!! God is good, and He deserves our praise. This verse is the accurate response of our hearts toward Him. Write or draw some ways that you can do these things this week. Let us Praise the Lord!!!</p>	<p>It's time for a Bible study tool: different translation! At church we use the ESV translation of the Bible, and that is the translation used in the box above. Sometimes, when we study the Bible, it can be helpful to use another version to see what a verse is saying. For students, the NIV is a great translation to look for when studying because the verses are often written in a version of English that makes sense for students. Here is the translation of this verse in the NIV: "The earth belongs to the Lord. And so does everything in it. The world belongs to him. And so do all those who live in it." Ponder this verse and write your version of it in your notebook. Also think about why this is an important verse to know and learn. What are we reminded of with this scripture?</p>	<p>The writer of this verse is giving us a great suggestion! Let's praise the Lord. Ponder some ways that you can praise the Lord. Draw or write a list of these Ways to Praise in your notebook today. For some of us this is hard to do, but we can pray and ask God to help us worship him and praise him well. Maybe we should start by praying and telling God how great he is today!</p>	<p>Today we need a Bible study tool: context clues! There are times when we read a verse and it does not really make sense so we need to look it up in the Bible and read what comes before and after the verse to better understand the verse. Read Psalm 46 and think about what is happening in the first 9 verses. The author is talking about troubles and the nations raging. He is describing difficult times. The kind of times that might cause us to be fearful or nervous. Then, in verse 10 he quotes God. What does God say? Next time things are difficult, remember that God tells us to "Be still and know" that he is God and he is in charge! Good job using context clues today!</p>	<p>Have you ever used hand sanitizer? If so, you might have used Purell brand sanitizer. What does it do? Right, it cleans your hands and gets rid of yucky things.</p> <p>The name Purell comes from the word Pure which is in our verse today. What do you think it means to have your way be pure?</p> <p>What are some ways to make sure that our life is pure? Check the verse to see what it recommends. We can read God's word and study it just as we are doing right now! Each time we learn something from God's word and try to use it in our life, we are working to keep our way pure!!</p> <p>Draw in your journal a reminder to study God's word in order to keep your way pure.</p>
RECITE THE TRUTH	<p>Recite last week's verse (Psalm 100:1-3) twice, and then read and recite today's verse 5 times to begin memorizing.</p>	<p>Write out the Monday verse and cover it one word at a time as you recite it. Then try to recite as many verses from April as you can remember!!!</p>	<p>Try to say the last week's verses five times, then this week's verse five times, then say them in order five times!</p>	<p>Recite Psalm 100:1-4 three different people today and tell them what it means.</p>	<p>Test your skill: have you memorized Psalm 100:1-4? Can you recite any verses from April?</p>
PRAY THE TRUTH	<p>Pray and tell God how great He is! Thank Him for all of His many blessings, and ask for help to share your love for the Lord with others!</p>	<p>Pray to God and ask for help to treat everything as the LORD's, and thank Him for all that He has blessed us with!</p>	<p>Pray and ask God for help to praise Him, thank Him for giving us breath to praise Him with, and praise Him for all that He has done for us!!!</p>	<p>Take some time to praise God for who He is, and ask for help to keep Him in focus as you go throughout the day, knowing that He will one day be exalted!!!</p>	<p>As you talk to the Lord today can you include Psalm 100:1-4 in your prayer?</p>

TRUTH TIME

	Monday	Tuesday	Wednesday	Thursday	Friday
	May 25th	May 26th	May 27th	May 28th	May 29th
READ THE TRUTH 	Psalm 100:5 <i>"For the LORD is good; his steadfast love endures forever, and his faithfulness to all generations."</i>	Psalm 121:1-2 <i>"I lift my eyes to the hills. From where does my help come? My help comes from the LORD, who made heaven and earth."</i>	Psalm 3:3 <i>"But you, O LORD, are a shield about me, my glory, and the lifter of my head."</i>	Psalm 145: 8-9 <i>"The LORD is gracious and merciful, slow to anger and abounding in steadfast love. The LORD is good to all, and his mercy is over all that he has made."</i>	Psalm 148: 1-4 <i>"Praise the LORD! Praise the LORD from the heavens; praise him in the heights! Praise him, all his angels; praise him all his hosts! Praise him, sun and moon, praise him, all you shining stars! Praise him, you highest heavens and you waters above the heavens."</i>
PONDER THE TRUTH	<p>This psalm starts out with the word "for", which is like a special clue when we read scripture. In this verse it means that there was something very important that comes before it. The good news is, we know the verses that come before it! The first four verses of Psalm 100 are all commands(things we are supposed to do), that tell us to <i>make</i> a joyful noise, <i>serve</i> the lord, <i>praise</i> Him with song, <i>know</i> that the LORD is God, <i>give</i> thanks to Him, and many more. Verse five is the reason <i>why</i> we should do all of these things: the LORD is good! His Steadfast love endures forever, and he is faithful to all generations!</p>	<p>This verse is a fun verse to read because it asks a question and then it answers that very same question! See if you can find the question and then find the answer. Why might the author have done that? It is probably because he knew that it is a question we often ask ourselves, and he wanted to provide the answer that God promises His people. (See, I just did it with you. I asked a question that I knew you were probably asking in your head, and then I answered it!) Try and think of a time when you made a big mistake, or were so confused, scared, sad, that you could not get yourself out of the great big mess you were in! We all end up in these situations, where whether we want to admit it or not, we simply need help from someone else. And we know that God will be with His people, and He will protect them, so when we are in one of these messy or hard situations, we must turn to God for help!</p>	<p>This seems like another time where context might help. Let's read Psalm 3:1-2 to understand what comes before our verse. What is the author saying in the first 2 verses? Right! His enemies (foes) are rising up against him. He is probably feeling discouraged right now. But then he remembers something very important: God is his shield! What does the next part mean? Why would we need God to lift our heads? This is an example of figurative speech. The author does not mean that God will actually life up David's head! What he is saying here is that God will change him from being sad and defeated (probably hanging his head) to a place where he will be honored and celebrated. God will bring David back to a place of joy (where he will look up joyfully instead of have a sad head hanging down) Draw in your journal what it would look like to have God acting as a shield around you and to be lifting up your head and changing your thoughts from defeat to joy.</p>	<p>There are two words used here to describe God: gracious and merciful. These words are often confused, but they actually mean two different things. Grace is when a person receives something that they do not deserve, and God's mercy is when a person does not receive what they do deserve. God is merciful to not punish His people and He is gracious to save them and bless them. This does not mean that every person who has ever lived is saved. But God still gives mercy and grace to everyone. Can you think of any ways that this is true? (Giving people life, providing them with the things they need to live, having the sun shine and bringing rain to grow plants, etc;) But ultimately, God's mercy is seen through Jesus, and what He did to save His people. Let us praise Him for all of these things!!!</p>	<p>How great is our God! He is praised by the angels, and the sun and the moon and the stars and all His creation. In fact, everything that He made, He made to praise Him, including us! In some religions people used to worship and pray to the sun and the moon, or different parts of the earth. This seems silly to us because the sun and moon and earth are not God. They cannot save, or help, or love us. Many people spent their whole lives worshipping something that would never respond, but they were missing the One who made them, who made the things they were idolizing, and who loved them and could satisfy them. We were made to worship God, so let's join in with the stars and sing to Him! If God made EVERYTHING, and He made all of it just to worship Him...that means we worship an incredible God!!! How great is our God!</p>
RECITE THE TRUTH	<p>Recite last week's verse (Psalm 100:1-4) twice, and then read and recite today's verse 5 times to begin memorizing.</p>	<p>Write out this week's verse, covering up one word at a time until you can say it without looking! Then recite Psalm 100:1-4 twice.</p>	<p>Try to say the last week's verses five times, then this week's verse five times, then say them in order five times!</p>	<p>Recite Psalm 100:1-5 three different people today and tell them what it means.</p>	<p>Test your skill: have you memorized Psalm 100:1-2? Recite any of the verses from April that you have memorized.</p>
PRAY THE TRUTH	<p>Pray to the LORD, praising Him for His goodness, love and faithfulness!</p>	<p>Thank the Lord for always being with us and for us, so that we can turn to Him as our help!</p>	<p>Pray and thank God for being a shield to His people, and ask for help to trust that He is our protection and hope!</p>	<p>As you pray to God today, praise Him for His mercy and grace!</p>	<p>As you talk to the Lord today, can you include any of Psalm 100 that you have learned?</p>